

Benton County Schools –September 2014 Breakfast & Lunch Menus

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
1 NO SCHOOL	2 Chicken Nuggets Cream Potatoes Green Beans Roll Sliced Peaches *Stuffed Breadstick	3 Hamburger Steak Baked Potato Tossed Salad w/Romaine Roll Pears *Egg & Bacon Brkst Slice	4 Beefy Taco Shredded Cheese & Lettuce Refried Beans Whole Kernel Corn Fruit Cocktail *Chicken & Biscuit	5 Pepperoni Pizza Tossed Salad w/Romaine Baby Carrots w/Dip Cherry Tomatoes Fresh Apple *Stwb Pop Tart
8 Lemon Pepper Chicken Cream Potatoes Green Beans Roll Peaches *French Toast Stix	9 Mini Corn Dogs Potato Rounds Pork & Beans Fresh Apple *Sausage & Biscuit	10 Hamburger on Bun French Fries Whole Kernel Corn Fruit Cocktail *Breakfast Pizza	11 Spaghetti w/Meat Sauce Tossed Salad w/Romaine Baby Carrots w/Dip Pears *Cinn Toast Cereal Bar	12 Turkey & Cheese Roll Ups Broccoli & Cauliflower Seasoned Potato Wedges Fresh Fruit Choice *Cherry Frudel
15 Chicken Nuggets Cream Potatoes Green Beans Roll Sliced Peaches *Maple Pancake Wrap	16 Chicken Fajitas Shredded Cheese & Lettuce Salsa Whole Kernel Corn Fresh Apple *Apple Frudel	17 Hamburger Steak Baked Potato Tossed Salad w/Romaine Roll Pears *Stwb Pop Tart	18 Hot Dog on Bun Potato Wedges Pork & Beans Fresh Orange *Stuffed Breadstick	19 Pepperoni Pizza Tossed Salad w/Romaine Baby Carrots w/Dip Cherry Tomatoes Fruit Cocktail *Chicken & Biscuit
22 Lemon Pepper Chicken Cream Potatoes Green Beans Roll Peaches *French Toast Stix	23 Beefy Taco Shredded Cheese & Lettuce Refried Beans Whole Kernel Corn Fruit Cocktail *Sausage & Biscuit	24 Grilled Chicken on Bun French Fries Broccoli & Cauliflower w/Dip Fresh Fruit Choice *Trix Cereal Bar	25 Spaghetti w/Meat Sauce Tossed Salad w/Romaine Baby Carrots w/Dip Pears *Sausage Pizza Bagel	26 NO SCHOOL
29 Chicken Nuggets Cream Potatoes Green Beans Roll Sliced Peaches *Cinnamon Bun	30 Turkey & Cheese Roll Ups Broccoli & Cauliflower w/Dip Potato Wedges Fresh Fruit Choice *Chicken & Biscuit		<i>All lunch meals served with choice of fat-free chocolate or 1 % white milk every day.</i>	<i>All breakfast meals served with milk & 2 fruitchoices.</i>

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