

**Benton County Schools – JANUARY 2015
CAMDEN CENTRAL HIGH Lunch Menus**

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<i>All lunch meals served with choice of fat-free chocolate or 1 % white milk every day.</i>				
5 CHICKEN NUGGETS CREAM POTATOES GREEN BEANS ROLL PEACHES FRESH FRUIT CHOICES *Salad Bar	6 PEPPERONI PIZZA or CHEESEBURGER TATER TOTS TOSSED SALAD W/ROMAINE WHOLE KERNEL CORN PEAR HALVES FRESH FRUIT CHOICES *Salad Bar	7 BEEF TACO or CHICKEN FAJITA REFRIED BEANS SALSA FRESH FRUIT CHOICE NACHOS & CHEESE SAUCE FRESH FRUIT CHOICES *Salad Bar / Potato Bar	8 BAKED HAM OR BBQ GRILLED CHICKEN CREAM POTATOES BROCCOLI W/CHEESE SAUCE ROLL PINEAPPLE FRESH FRUIT CHOICES *Salad Bar	9 CHICKEN PARMESAN or BREADED CHICKEN SANDWICH TOSSED SALAD W/ROMAINE CAULIFLOWER & BROCCOLI W/DIP FRENCH FRIES WHOLE KERNAL CORN ROLL FRUIT COCKTAIL FRESH FRUIT CHOICES *Salad Bar
12 HAMBURGER STEAK TOSSED SALAD W/ROMAINE BAKED POTATOES PEAR HALVES ROLL FRESH FRUIT CHOICES *Salad Bar	13 BBQ CHICKEN CREAM POTATOES GREEN BEANS ROLL FRUIT COCKTAIL FRESH FRUIT CHOICES *Salad Bar	14 CORN DOG or CHEESEBURGER POTATO WEDGES SEASONED PINTO BEANS FRUIT OR JUICE CHOICE FRESH FRUIT CHOICES *Salad Bar	15 VEGETABLE BEEF SOUP or HOT & SPICY CHICKEN SANDWICH TATER TOTS GRILLED CHEESE SANDWICH BROCCOLI & CAULIFLOWER CRACKERS FRESH APPLE & OTHER FRUIT CHOICES *Salad Bar	16 HAM & CHEESE ROLL UP W/DIPPING SAUCE or BREADED CHICKEN SANDWICH CURLY FRIES BABY CARROTS PEACHES FRESH FRUIT CHOICES *Salad Bar
19 NO SCHOOL	20 CHICKEN NUGGETS CREAM POTATOES GREEN BEANS ROLL PEACHES FRESH FRUIT CHOICES *Salad Bar	21 PEPPERONI PIZZA or CHEESEBURGER TATER TOTS TOSSED SALAD W/ROMAINE WHOLE KERNEL CORN BABY CARROTS PEAR HALVES FRESH FRUIT CHOICES *Salad Bar	22 BBQ CHICKEN OR GRILLED CHICKEN ON BUN POTATO WEDGES COLESLAW BAKED BEANS FRUIT COCKTAIL FRESH FRUIT CHOICES * Salad Bar	23 HAMBURGER STEAK OR SLICED TURKEY W/GRAVY CREAM POTATOES BROCCOLI & CHEESE SAUCE ROLL MANDARIN ORANGES FRESH FRUIT CHOICES * Salad Bar

<p>26 CHICKEN NUGGETS CREAM POTATOES GREEN BEANS ROLL PEACHES FRESH FRUIT CHOICES</p> <p>*Salad Bar</p>	<p>27 HOT DOG, CHILI DOG OR CHEESEBURGER POTATO ROUNDS COLE SLAW PEACHES FRESH FRUIT CHOICES</p> <p>*Salad Bar</p>	<p>28 CHICKEN NOODLE SOUP W/VEGS OR CHICKEN SANDWICH CURLY FRIES GRILLED CHEESE SANDWICH BROCCOLI & CAULIFLOWER MANDARIN ORANGES FRESH FRUIT CHOICES</p> <p>*Salad Bar</p>	<p>29 BEEF TACO OR CHICKEN FAJITA REFRIED BEANS SALSA CORN FRESH FRUIT CHOICE</p> <p>*Salad Bar / Potato Bar</p>	<p>30 "SUPERBOWL" CHEESY PIZZA & WINGS CELERY & CARROT STICKS NACHOS & CHEESE SAUCE FRESH APPLE FRESH FRUIT CHOICES</p> <p>*Salad Bar</p>
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USDA is an equal opportunity provider and employer.