

Benton County Schools – MARCH 2014 Lunch Menus CAMDEN CENTRAL HIGH

Monday	Tuesday	Wednesday	Thursday	Friday
3 Hamburger or Cheeseburger Seasoned Potato Wedges Coleslaw Pork & Beans Fresh Fruit Choices	4 Lemon Pepper Chicken Cream Potatoes Green Beans Roll Sliced Peaches & Fresh Fruit Choices	5 Chicken Fajita Salsa & Chips Refried Beans Whole Kernel Corn Fresh Apple	6 Spaghetti & Meat Sauce Tossed Salad w/Romaine Cherry Tomatoes Roll Pear Halves & Fresh Fruit Choices	7 Hamburger Steak w/Gravy Cream Potatoes Broccoli & Cheese Sauce Roll Pineapple & Fresh Fruit Choices
10 Beefy Taco Salsa w/Chips & Cheese Refried Beans Pear Halves & Fresh Fruit Choices	11 Chicken Nuggets Cream Potatoes Green Beans Roll Peaches & Fresh Fruit Choices	12 Pizza Tossed Salad Whole Kernel Corn Broccoli & Cauliflower Cups Fresh Fruit Choices	13 Barbequed Chicken Cream Potatoes Peas & Carrots Roll Pineapple & Fresh Fruit Choices	14 Vegetable Beef Soup Grilled Cheese Sandwich Baby Carrots & Dip Fresh Fruit Choices
17 Hamburger Steak w/Gravy Cream Potatoes Green Beans Roll Fruit Cocktail & Fresh Fruit Choices	18 Baked Lasagna Tossed Salad w/Romaine Cherry Tomatoes Whole Kernel Corn Roll Peaches & Fruit Choices	19 Breaded Chicken Sandwich Pork & Beans Curly Fries Lettuce, Pickles, Onion Fresh Apple	20 Baked Ham Cream Potatoes Broccoli w/Cheese Sauce Roll Pineapple	21 Chicken Fajitas Salsa w/Chips & Cheese Refried Beans Whole Kernel Corn Pears
24 Pizza Tossed Salad Baby Carrots Potato Wedges Fresh Fruit Choices	25 Chicken Nuggets Cream Potatoes Green Beans Roll Peaches & Fresh Fruit Choices	26 Hamburger on Bun Pork & Beans Tater Tot Lettuce, Pickle, Onion Fresh Fruit Choices	27 Spaghetti & Meat Sauce Tossed Salad w/Romaine Cherry Tomatoes Whole Kernel Corn Roll Pear Halves	28 Barbequed Chicken Cream Potatoes Coleslaw Sweet Peas Roll Fresh Fruit Choices
31 Breaded Chicken Sandwich Potato Wedges Pork & Beans Fresh Fruit Choices			<i>All meals served with choice of 1% white or fat-free flavored milk offering every day.</i>	SALAD & POTATO BAR OFFERED WEEKLY...

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